Introduction to ECH always around Y
Connected without
forther mentioning
1. Definition and the Weinstein conjecture

$$Y = Y^3$$
 closed oriented 3-mfd, λ contact form on Y
(i.e. $\lambda n d\lambda > 0$ volume form), $\xi := ker(\lambda)$ contact
structure. The Reeb vector field R on Y is defined by
 $\int d\lambda (R, \cdot) = 0$,
 $\int \lambda (R) = 1$.
A Reeb orbit is a closed orbit of R, i.e. a mep
 $\gamma: R_{TZ} \longrightarrow Y$, $T > 0$,
s.t. $\dot{\gamma} = R(\gamma)$.
Rmk. A Reeb orbit is eithen embedded on the m-fold cover,
 $m > 2$, of an embedded Reeb orbit.
Def. A Reeb orbit γ is called non-degenerate if 1 is
not an eigenvalue of the lineanized first return map
 $P_{\gamma}: (\xi_{\gamma(e)}, d\lambda) \longrightarrow (\xi_{\gamma(e)}, d\lambda)$.
A non-degenerate γ is called elliptic if the eigenvalues
of P_{γ} are on the unit circle, and hyperbolic otherwise.
 $Mreeb orbits are non-degenerate. \leftarrow generate if all its
Reeb orbits are non-degenerate. \leftarrow generate if all its
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Assume λ is non-degenerate and fix $T \in H_1(Y)$. We define a chain complex acs on symplectization of Y ECC (Y, λ, T, J) *Terely* generated over $\mathbb{Z}/_{2}\mathbb{Z}$ by finite sets of pairs $\alpha :=$ $\{(\alpha_i, m_i)\}$ with: · The di's ane painwise distinct embedded Reeb orbits; • m; ∈ IN, ∀i=1,..,N; • $\sum_{i} m_i [\alpha_i] = T_i$ • m: = 1 whenever di is hyperbolic. Rmk. Why the last condition ? (i) Computation of Taubes Gromov invaniant in case of mapping toni (see Section 2.6 of Hutchings' lecture notes) shows that hyperbolic orbits are counted only with weight 1. (ii) Proof of $\partial^2 = 0$ (truncation procedure). proof of well-def. of 2 and of 2=0 in Banney's talk (6) The boundary operator d is defined as follows : let (M := $\mathbb{R} \times Y$, $d(e^{s} \lambda)$ be the symplectization of (Y, λ) , and let J be a symplectization - admissible acs on M: - J is R-invaniant,

-
$$J(2s) = R$$
,
- $J[z: \overline{z} \rightarrow \overline{z} \text{ notating positively with } d\lambda$.
For $\alpha := \{(\alpha; m;)\}$ and $\beta := \{(\beta; n;)\}$ chain complex generation, the coefficient
 $< \Im \alpha, \beta > \in \mathbb{Z}/_{2\mathbb{Z}}$
is a mod 2 count of J-holomorphic curves C (i.e.
"J. $dC = dC \cdot j_{,}$) in M (modulo R-translations and
"equivalence of currents,") s.t.:
(i) $C \xrightarrow{} \sum_{i} m_i \alpha_i$, $C \xrightarrow{} j_i m_j \beta_j$ as currents
(more details in Bas' talk (2) and Johanna's talk (5)).
(ii) C hos ECH-index A (see Jonos' talk (4)).
Rimk. For generic choice of J, ECH-index A curves are
embedded, except possibly for multiple covers of trivial
cylinders $R \times \{\gamma\}$, γ Reeb orbit.
The induced homology is denoted by ECH₄ (Y, $\overline{\gamma}$, T)
 ECH_{∞} (Y, λ , T , J)
and is celled embedded contact homology. ECH₄ turns out
to be independent of J and λ , a direct proof of this
is however not available (because of some unsolved

technical problems, see Section 5.5 of Hutchings' lecture.
notes). Currently, the only proof is via the following.
Section 2.1 in Hitchings' lecture rates, Taber's part of the Weinstein
(Taubes) There is a canonical isomorphism of relatively
graded modules
Princere' dual of T
ECH. (Y,
$$\lambda$$
, T' , J) \cong HM⁻⁺ (Y, S₂ + PD(T))
statement conject submarks
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Spin-c structure
if s_{2} + PD(T) non with determined by Ξ
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chould replace with determined by Ξ
the statement conject in dimension 3) Eveny
closed contact 3-mfd. (Y, λ) has a Reeb orbit.
prinof.
Suppose (Y, λ) has no Reeb orbits. Then λ is non-degene-
nate and
ECH. (Y, λ , T' , J) = { $Z/_2Z$ if $T = o$, generates
HM* (Y, Sz + PD(T))
is infinitely generated whenever $C_1(\Xi) + 2 \cdot PD(T') \in H^2(Y; Z)$

is tonsion (see knonheimer - Mnowka).

tight, ...), and ii) if $C_1(z)$ is tonsion, then either 2 or &-many simple Reeb orbits.

2. Additional structures

A nice feature of ECH is that it has several additional structures. These are crucially used in the definition of ECH-copacities (and in the applications we will describe in the next section). The ECH-contact invariant: ECH contains a canonical class which is defined as follows. If λ is non-degenenate, then the empty set \$\$ of Reeb orbits is a generator of the chain complex ECC (Υ, λ, 0, J). As J-holomorphic curves in M = R × Y can be seen as gradient flow lines of the symplectic action defined $\{A(\alpha) := \sum_{i} m_{i} \cdot (\int_{\alpha_{i}} \lambda) = T_{i} > 0 \text{ peniod of } \alpha_{i}$ Filtered ECHL, LER we neadily see that $\partial \phi = 0$, i.e. ϕ is a cycle. One can show that the homology class of ϕ does not depend on J or λ , and thus ϕ defines a class $c(\xi) \in ECH_{*}(Y, \xi, 0)$

called the ECH contact invariant.
explicit example for
$$\Pi^3$$
 in Simon's talk (6)
Rimk. $c(\xi)$ can distinguish some contact structures :
• If ξ is overtwisted, then $C(\xi) = 0$.
• $c(\xi) \neq 0$ if (Y,ξ) is strongly symplectically fillable.
The U-map Assume Y is connected. Then
U: ECH $_*(Y,\xi,T) \rightarrow ECH_{\pm-2}(Y,\xi,T)$
is induced by a chain map defined by counting ECH-index
2 curves that pass through a base point $(0, \xi) \in M$.
 $for \lambda$ more degenerate (for
 $for \lambda$ more degree (for $for \lambda$) and assume $c(\xi) \neq 0$.
We define a sequence of neal numbers
 $0 = c_0(Y, \lambda) < c_0(Y, \lambda) < c_2(Y, \lambda) < \dots < +\infty$
as follows :
 $for \mu = for \lambda$ more defined on ECH as well
 $c_k(Y, \lambda) := inf \{L>0| \exists m \in ECH^{L}(Y, \lambda, 0) s.t. Um = [\phi] \}.$
Rumk. $c_k(Y, \lambda) < +\infty$ iff $c(\xi) \in Im(U^k)$.
Let now (X, w) be a Liouville domain, i.e. on exact
symplectic filling of a contact $3 \cdot mfd$. (Y, λ) . The
ECH- capacities of (X, w) are defined by
 $c_k(X, w) := c_k(Y, \lambda)$, $\forall k \in N_0$.

Rmk. If
$$\lambda, \lambda'$$
 one contact form on Y s.t.
 $d\lambda = d\lambda' = w|_Y$
then $c_k(Y, \lambda) = c_k(Y, \lambda')$, $\forall k \in N_0$. In panticular,
ECH- capacities are well-defined.
Thm. (properties of ECH-copacities)
(i) Monotonicity: If (X, w) embeds symplectically in
 (X', w') , then $c_k(X, w) \leq c_k(X', w')$, $\forall k \in N_0$.
(ii) Conformality: $c_k(X, n \cdot w) = |n| \cdot c_k(X, w)$, $\forall n \neq 0$.
Other properties can be found in Thm 1.3 in Hotchings's
(echone notes and in the next Section
As an application we consider the following symplectic em-
bedding problem : for a, b > 0 let
 $E(a, b) := \{(2, x_2) \in C^2 / \frac{\pi |2x|^2}{a} + \frac{\pi |3x|^2}{b} \leq A\}$
endowed with the standard symplectic form of $C^2 \equiv \mathbb{R}^4$.
To $E(a, b)$ we associate the sequence
 $N(a, b) = \{l \cdot a + j \cdot b / l, j \in N_0\}$
of all nonnegative integer linear combinations of a and b,
annanged in nondecreasing order.
Thm. (McDoff) I symplectic embedding int $(E(a, b)) \rightarrow E(c, d)$

iff $N(a,b) \leq N(c,d)$, i.e. $N(a,b)_{k} \leq N(c,d)_{k}$, $\forall k \neq 0$.

To prove the "only if, part of the theorem one can use
the monstanicity property of ECH-capeuities and
(iii) Ellipsoids:
$$C_k(E(a,b)) = N(a,b)_k$$
, $t \neq c N_0$.
Rmk. It is a non-trivial problem to determine whether
 $N(a,b) \leq N(c,d)$.
For an account see Thm. 1.2 in Hutchings's lecture noter.
3. The Weyl law and applications
Thm. (Inistofano-Grandinen, Hutchings, Ramos) IF (X,w) is a
Liouville domain with all ECH-capecities finite (e.g. a
star-shaped domain in \mathbb{R}^n), then in this case we will be
 $\frac{c_h(X,w)^2}{\kappa} = 4 \cdot vol(X,w)$.
As an application of the Weyl law we see here the following.
Thm. (Inie) Let (Y, λ) be a closed contact 3-mfd. Then,
the set
 $\{f \in C^{-}(Y, \mathbb{R}_{>0}) / \frac{\text{Reeb}}{\text{Reeb}}$ orbits of $(Y, f_i\lambda)$
is nesidual in $C^{-}(Y, \mathbb{R}_{>0})$ with C^{-} topology.
We set $P(Y, \lambda) := \{\gamma \text{Reeb}}$ orbit of (Y, λ) . The key step

of the proof is the following

Lemma (C^{oo}- closing lemma) Let UCY be open and nonempty and let $\varepsilon > 0$. Then $\exists f \in C^{\infty}(Y)$ such that dco(f,1) < E and J y E P(Y, f. 2) nondegenerate with $\gamma(\cdot) \cap \mathcal{U} \neq \phi$. proof. L a generalization of the ECH-capacities defined for anbitrony $\sigma \in ECH_*(Y, Z, P) \setminus \{0\}$ and of the Weyl law) Assume c(z) = 0. Take h & C"(Y, Rzo) with supp (h) CU, $\|h\|_{C^{\infty}} := \sum_{\ell=0}^{+\infty} 2^{-\ell} \cdot \frac{\|h\|_{C^{\ell}}}{1 + \|h\|_{C^{\ell}}} < \varepsilon$ and $h \neq 0$. Cleanly, $d(h\cdot\lambda) = dh \wedge \lambda + h\cdot d\lambda,$ so that $(1+h)\lambda \wedge d((1+h)\lambda) = (1+h^2)\cdot\lambda \wedge d\lambda$ and hence in particular $vol(Y,(1+h)\lambda) > vol(Y,\lambda).$ $(laim \exists t \in [0,1], \gamma \in P(Y, (1+t\cdot h)\lambda) \text{ with } \chi(\cdot) \cap U \neq \phi.$ Once the claim is proved one takes $f := e^{\varphi} \left(1 + \overline{t} \cdot h \right)$ with suitable $g \in C^{\infty}(Y)$ to achieve hondegeneracy. Assume by contradiction that $\forall t \in [0,1], \forall \gamma \in \mathcal{P}(Y,(1+th)\lambda)$